

**BUTTERBALL\***

GLUTEN FREE  
FULLY COOKED

# Turkey Sausage Rounds



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## Turkey Sausage Rounds

### COOKING INSTRUCTIONS

#### PREPARATION INSTRUCTIONS:

Cook from frozen. Heat to an internal temperature of 165°F (74°C). Appliances vary – There are guidelines only.

#### CONVENTIONAL OVEN:

Pre-heat oven to 350°F (175°C). Bake on middle rack for 8 - 10 minutes or until heated through.

#### MICROWAVE:

Place 1 – 2 frozen sausage rounds a microwave-safe dish. Heat on HIGH power for 1 – 1½ minutes or until heated through. Let stand 1 minute before serving.

#### PAN FRY DIRECTIONS:

Place in a lightly oiled pan over medium-high. Heat for 4 – 5 minutes, flipping as needed to brown and heat through.

### CHEFS INSPIRATIONS

**Maple Turkey Sausage Breakfast Sandwich**

**Sunrise Egg & Turkey Sausage Bake**

**Mini Turkey Sausage Sliders**

**Mediterranean Turkey Sausage Wrap**

### PERFECT FOR ...

- Schools
- Restaurants
- Institutions
- Healthcare
- Hotels
- HMR

### BENEFITS

- 50% less fat per serving than pork sausage
- 33% less sodium than pork sausage
- Good source of protein
- Gluten free

**Product Code/  
Distributor Code:**  
97770

**Units per case:**  
82-94 pieces

**Unit Weight:**  
50 g

**Case Weight:**  
4.54 kg (2 x 2.27 kg)

**Shelf Life:**  
1 year

#### Handling:

Product must be kept frozen – stored at 0°F (-18°C).

#### Ingredients:

Turkey, Water, Rice flour, Salt, Sugars (sugar, dextrose), Spices, Rice starch, Mono & diglycerides, Rice concentrate, Spice extracts, Silicon dioxide, Canola and/or sunflower oil, Natural flavour, Yeast.

#### Allergens:

None

### Nutrition Facts Valeur nutritive

Per 2 sausage rounds (100 g)  
pour 2 saucisse (100 g)

**Calories 200** % Daily Value\*  
% valeur quotidienne\*

**Fat / Lipides 10 g** 13 %  
Saturated / saturés 2.5 g 13 %  
+ Trans / trans 0.1 g

**Carbohydrate / Glucides 2 g**  
Fibre / Fibres 0 g 0 %  
Sugars / Sucres 1 g 1 %

**Protein / Protéines 26 g**

**Cholesterol / Cholestérol 85 mg**

**Sodium 450 mg** 20 %

**Potassium 300 mg** 6 %

**Calcium 30 mg** 2 %

**Iron / Fer 1.5 mg** 8 %

\*5% or less is a little, 15% or more is a lot

\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

### Exceldor Foods Ltd.

6775 Financial Drive, Suite 101,  
Mississauga, Ontario L5N 0A4

Ontario • Ontario 1-800-387-7760

Quebec • Québec 1-877-320-8006

Atlantic • Atlantique 1-902-468-1254

West • Ouest 1-800-363-6635

**For recipe ideas and a complete list of poultry products go to [butterball.ca](http://butterball.ca)**

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