

# **BUTTERBALL**\*

# Turkey Meatloaf "Mini Loaf" with Cheese & Spinach

### **COOKING INSTRUCTIONS**

**FROM THAWED:** (Thaw in refrigerator):

**Conventional oven:** Preheat oven to 350°F (180°C). Place meatloaf on baking sheet. Cook in center of oven for 15-20 minutes. **Microwave (1200 watts):** Place meatloaf in microwave safe container. Cover and microwave on HIGH for 3-4 minutes. Let stand 2 minutes before serving.

#### FROM FROZEN:

**Conventional oven:** Preheat oven to 350°F (180°C). Place meatloaf on baking sheet. Cook in center of oven for 40-45 minutes. **Microwave (1200 watts):** Place meatloaf in microwave safe container. Microwave on high for 5-6 minutes. Let stand 2 minutes before serving.

All methods should cook thoroughly to an internal temperature of 165°F (74°C).

Individual appliances vary; these are guidelines only. Do not broil. Not recommended for toaster oven.

### **CHEFS INSPIRATIONS**

BACON-WRAPPED MEATLOAF WITH CREAMY MASHED POTATOES

SAVOURY MEATLOAF SMOTHERED IN HOME-STYLE GRAVY

**GRILLED MEATLOAF SANDWICH WITH ALL THE FIXINS** 

### PERFECT FOR ...

- Restaurants
- Institutions
- Hotels

- Schools
- HMR
- Healthcare

#### **BENEFITS**

- No waste portion size
- Excellent source of Protein
- Reduces risk of contamination

# **Product Code** 50820

Pack Size:

30 x 113 g (3.39 kg)

**Shelf Life:** 

6 months

### **Ingredients:**

**Ground turkey** (turkey, natural flavour), Ricotta cheese (modified milk ingredients, salt, citric acid), Spinach, Rice breadcrumb (rice flour, rice starch, sugars [sugar, dextrose], salt, vegetable oil [canola and/or sunflower], natural flavour, yeast, spice extractives), Panko bread crumb (rice flour, pea protein, dextrose, baking soda), Parmesan and romano cheeses (milk, salt, bacterial culture, lipase, calcium chloride, microbial enzyme), Liquid whole egg, Milk, Garlic (garlic, water, citric acid), Tomato paste, Parsley, Spices, Salt, Oregano.

## **FEATURES**

Heat & Serve

Convenient

**Fully Cooked** 

### **Handling:**

Product must be kept frozen – stored at 0°F (-18°C).

Allergen: Milk, Egg, Sulphites

# Nutrition Facts Valeur nutritive

Per 1 meatloaf (113 g) pour 1 pain de viande (113 g)

pour i pain de viande (115 g)		
Calories 170	% Daily Value* % valeur quotidienne*	
Fat / Lipides 9 g	12 %	
Saturated / saturés 3 g + Trans / trans 0.1 g	16 %	
Carbohydrate / Glucides 8 g		
Fibre / Fibres 1 g	4 %	
Sugars / Sucres 1 g	1 %	

# Sugars / Sucres 1 g Protein / Protéines 19 g

Cholesterol / Cholestérol 75 mg		
Sodium 260 mg	11	%
Potassium 75 mg	2	%
Calcium 125 mg	10	%

\*5% or less is **a little**, 15% or more is **a lot**\*5% ou moins c'est **peu**, 15% ou plus c'est beaucoup

## **Exceldor Foods Ltd.**

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