

**BUTTERBALL\***

*White  
or Dark  
Turkey*

# **Pulled Turkey**



# BUTTERBALL\*

## FEATURES

Versatile  
Fully Cooked

## Butterball Ready-to-Pull Turkey

### COOKING INSTRUCTIONS

#### THAWING:

Thaw product in refrigerator.

#### STOVE TOP:

Remove contents from pouch and heat on medium for 4 to 6 minutes, stirring frequently.

#### HEAT IN POUCH:

Place thawed product in pot of boiling water. Boil on Medium-High for 20-25 minutes

Cook to a minimum temperature 165°F/74°C.

### CHEFS INSPIRATIONS

#### HUNGARIAN PULLED TURKEY SOUP

#### CREAMY MAC & CHEESE WITH BBQ PULLED TURKEY

#### PULLED TURKEY, CABBAGE AND CARAMELIZED PINEAPPLE NACHOS

### PERFECT FOR ...

- Healthcare
- Restaurants
- Hotels
- Sporting/Entertainment Venues
- Institutions

### BENEFITS

- Cooked in bag for added food safety
- Excellent source of protein

#### Product Code

BREAST:41187

THIGH:41189

#### Units per case:

6

#### Unit Weight:

1 kg approx.

#### Case Weight:

6 kg approx.

#### Shelf Life:

365 days

#### Allergens:

None

#### Ingredients:

##### BREAST:

Turkey breast,  
Water, Sea salt, Cane  
sugar, Potato starch,  
Carrageenan, Spices.

##### THIGH:

Turkey thigh, Water,  
Sea salt, Cane sugar,  
Potato starch,  
Carrageenan, Spices.

#### Handling:

Product to be kept  
frozen - stored below  
0°F/-18°C.

#### BREAST

### Nutrition Facts

Per (100 g)

| Calories 100             | % Daily Value* |
|--------------------------|----------------|
| <b>Fat</b> 2 g           | 3 %            |
| Saturated 0.5 g          | 2 %            |
| + Trans 0 g              |                |
| <b>Carbohydrate</b> 1 g  |                |
| Fibre 0 g                | 0 %            |
| Sugars 1 g               | 1 %            |
| <b>Protein</b> 20 g      |                |
| <b>Cholesterol</b> 60 mg |                |
| <b>Sodium</b> 450 mg     | 19 %           |
| Potassium 250 mg         | 5 %            |
| Calcium 10 mg            | 1 %            |
| Iron 1 mg                | 6 %            |

\* 5% or less is a little, 15% or more is a lot

#### THIGH

### Nutrition Facts

Per (100 g)

| Calories 130             | % Daily Value* |
|--------------------------|----------------|
| <b>Fat</b> 7 g           | 9 %            |
| Saturated 3 g            | 15 %           |
| + Trans 0 g              |                |
| <b>Carbohydrate</b> 1 g  |                |
| Fibre 0 g                | 0 %            |
| Sugars 1 g               | 1 %            |
| <b>Protein</b> 17 g      |                |
| <b>Cholesterol</b> 60 mg |                |
| <b>Sodium</b> 450 mg     | 19 %           |
| Potassium 250 mg         | 6 %            |
| Calcium 20 mg            | 1 %            |
| Iron 1.5 mg              | 9 %            |

\* 5% or less is a little, 15% or more is a lot

## Exceldor Foods Ltd.

6775 Financial Drive, Suite 101,  
Mississauga, Ontario L5N 0A4

Ontario • Ontario 1-800-387-7760  
Quebec • Québec 1-877-320-8006  
Atlantic • Atlantique 1-902-468-1254  
West • Ouest 1-800-363-6635

For recipe ideas and a complete list of poultry products go to [butterball.ca](http://butterball.ca)

MOD.04.18.2019