

**BUTTERBALL\***

Convenient  
Gluten Free  
Lean Meat

# Lean Turkey Burgers



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## FEATURES

Convenient

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# Butterball Lean Turkey Burgers

## COOKING INSTRUCTIONS

### BBQ/Broil/Grill from frozen.

Lightly brush FROZEN burgers with vegetable oil. Using medium heat, cook burgers for 5 minutes on one side. Turn burgers and cook for another 5-7 minutes until fully cooked. Center of burger must be minimum 165°F (74°C) on a meat thermometer.

Cook from Frozen.

## CHEFS INSPIRATIONS

### TURKEY BURGER WITH SMASHED AVOCADO AND PICKLES

ULTIMATE BREAKFAST TURKEY BURGER WITH  
OVER-EASY EGGS AND BACON

APPLE CHEDDAR TURKEY BURGER

TACO TURKEY BURGER WITH TORITTA SHIPS

## PERFECT FOR ...

- Restaurants
- Healthcare
- Institutions
- Sporting Venues

## BENEFITS

- Freezer to Grill
- Lower in Fat than Beef Burgers
- Excellent Source of Protein
- 100% Turkey Meat

### Product Code:

41372

### Units per case:

30 burger patties

### Unit Weight:

5 oz (142 g)

### Case Weight:

4.26 kg (30 x 5 oz)

### Shelf Life:

1 year

### Allergens: None

### Ingredients:

Turkey, Brown sugar, Sea salt, Dextrose, Autolyzed yeast extract, Hydrolyzed corn protein, Salt, Onion powder, Natural flavours.

### Handling:

Product must be kept frozen – stored at 0°F (-18°C).

## Nutrition Facts Valeur nutritive

Per 1 patty (142g) / Par 1 burger (142g)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 190	
<b>Fat / Lipides</b> 10g	<b>15%</b>
Saturated / saturés 3g + Trans / trans 0.1g	<b>16%</b>
<b>Cholesterol / Cholestérol</b> 90mg	
<b>Sodium / Sodium</b> 470mg	<b>20%</b>
<b>Potassium / Potassium</b> 600mg	
<b>Carbohydrate / Glucides</b> 1g	<b>0%</b>
Fibre / Fibres 1g	<b>3%</b>
Sugars / Sucres 1g	
<b>Protein / Protéines</b> 27g	
Vitamin / Vitamine A	2%
Vitamin / Vitamine C	0%
Calcium / Calcium	2%
Iron / Fer	0%

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**For recipe ideas and a complete list of poultry products go to [butterball.ca](http://butterball.ca)**

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